

Limietwedstrijd



KSN

Emmen 2-4-2023

Limietwedstrijd - zondag 2 april 2023 om 16:00u (25 m)

Aanvangstijd juryvergadering: 15:30u

1. 400m vrije slag - Heren

vanaf 11 jaar (Senioren Open)

1. Twan Wielage (Ksn (Sg), 200902671)						04:51.95(+67)	
50m	00:31.45 31,45	150m	01:45.54 37,89	250m	03:02.11 38,22	350m	04:18.45 38,15
100m	01:07.65 36,20	200m	02:23.89 38,35	300m	03:40.30 38,19		
2. Rick Smit (Aqua 68, 200602435)						04:54.20(+88)	
50m	00:31.92 31,92	150m	01:45.80 37,88	250m	03:02.22 37,99	350m	04:19.08 38,67
100m	01:07.92 36,00	200m	02:24.23 38,43	300m	03:40.41 38,19		
3. Lars Vos (Ksn (Sg), 200501327)						04:54.50(+82)	
50m	00:32.29 32,29	150m	01:45.95 37,70	250m	03:01.48 37,89	350m	04:18.40 38,24
100m	01:08.25 35,96	200m	02:23.59 37,64	300m	03:40.16 38,68		
4. Sven Casper Hageman (Deltasteur, 201000009)						05:01.93	
50m	00:32.03 32,03	150m	01:46.66 38,20	250m	03:05.34 39,79	350m	04:24.57 39,66
100m	01:08.46 36,43	200m	02:25.55 38,89	300m	03:44.91 39,57		

2. 400m vrije slag - Dames

vanaf 11 jaar (Senioren Open)

1. Lotte Lübbbers (Ksn (Sg), 200900190)						04:47.43(+72)	
50m	00:32.42 32,42	150m	01:45.76 37,51	250m	02:59.86 36,96	350m	04:14.04 36,85
100m	01:08.25 35,83	200m	02:22.90 37,14	300m	03:37.19 37,33		
2. Norell Kroeze (ZC Polaris, 201100378)						05:22.71	
50m	00:36.55 36,55	150m	01:59.24 41,96	250m	03:23.26 41,91	350m	04:44.73 39,84
100m	01:17.28 40,73	200m	02:41.35 42,11	300m	04:04.89 41,63		
3. Isabel Amelink (Deltasteur, 201100196)						05:31.37(+71)	
50m	00:37.65 37,65	150m	02:01.86 42,66	250m	03:27.96 43,64	350m	04:53.41 43,44
100m	01:19.20 41,55	200m	02:44.32 42,46	300m	04:09.97 42,01		
4. Larissa Redjosentono (ZC Polaris, 200403210)						05:32.56(+64)	
50m	00:36.38 36,38	150m	01:59.77 42,48	250m	03:25.09 42,74	350m	04:52.70 43,55
100m	01:17.29 40,91	200m	02:42.35 42,58	300m	04:09.15 44,06		
5. Hanna Sampimon (Ksn (Sg), 200901824)						05:43.98(+73)	
50m	00:38.35 38,35	150m	02:08.11 44,72	250m	03:37.65 44,61	350m	05:04.71 43,17
100m	01:23.39 45,04	200m	02:53.04 44,93	300m	04:21.54 43,89		
6. Mirna Wolters (De Plons, 199802046)						05:44.13(+84)	
50m	00:38.15 38,15	150m	02:04.31 43,60	250m	03:31.92 44,12	350m	05:01.60 44,81
100m	01:20.71 42,56	200m	02:47.80 43,49	300m	04:16.79 44,87		
7. Femke Griemink (Ksn (Sg), 200802376)						05:47.32(+78)	
50m	00:37.05 37,05	150m	02:00.30 42,37	250m	03:29.04 45,17	350m	05:01.44 45,72
100m	01:17.93 40,88	200m	02:43.87 43,57	300m	04:15.72 46,68		
8. Lisa Boogaard (Deltasteur, 201100990)						06:08.83	
50m	00:41.77 41,77	150m	02:17.07 48,43	250m	03:51.97 47,37	350m	05:25.93 47,39
100m	01:28.64 46,87	200m	03:04.60 47,53	300m	04:38.54 46,57		
9. Manoah Dekker (Deltasteur, 201100656)						06:11.37(+117)	
50m	00:41.16 41,16	150m	02:15.98 47,81	250m	03:49.14 46,06	350m	05:27.55 48,19
100m	01:28.17 47,01	200m	03:03.08 47,10	300m	04:39.36 50,22		
10. Ilse Arling (ZC Polaris, 201002306)						06:26.61	
50m	00:43.53 43,53	150m	02:22.05 49,12	250m	04:02.90 50,81	350m	05:43.30 49,27

100m 01:32.93 49,40 200m 03:12.09 50,04 300m 04:54.03 51,13

11. Chantal Wind-Hemme (De Plons, 199501292) 07:07.37(+85)
50m 00:45.06 45,06 150m 02:31.98 54,40 250m 04:22.35 56,12 350m 06:14.90 55,87
100m 01:37.58 52,52 200m 03:26.23 54,25 300m 05:19.03 56,68

3. 50m vlinderslag - Heren

vanaf 11 jaar (Senioren Open)

1. Joachim Wolbersen (Aqua 68, 200600771) 00:31.32(+88)
2. Owen Horsting (Ksn (Sg), 200403819) 00:32.92(+65)
3. Mathijs de Wit (Ksn (Sg), 201001215) 00:33.64
4. Milan Bottenberg (Deltasteur, 200900153) 00:38.50(+68)
5. Levi Makkinje (ZPC Moby dick, 200900451) 00:38.65(+88)
6. Kyran Kroeze (ZC Polaris, 200901707) 00:41.29(+96)
7. Teun de Bruin (De Plons, 201001701) 00:42.94(+64)
8. Timo Bottenberg (Deltasteur, 200900151) 00:43.94
9. Dex Kerpels (ZPC Moby dick, 201100087) 00:50.50

4. 50m vlinderslag - Dames

vanaf 11 jaar (Senioren Open)

1. Joline Koop (Aqua 68, 200403174) 00:31.18(+70)
2. Xoë Stuut (Aqua 68, 200400754) 00:31.94(+77)
3. Robin Meide van der (ZC Polaris, 200601778) 00:32.23
4. Annemijn Kragt (Deltasteur, 200802710) 00:32.96(+81)
5. Simone Faber (Deltasteur, 200900710) 00:33.87(+62)
6. Sanne Doornbos (ZC Polaris, 200702838) 00:33.95(+88)
7. Anne van der Kamp (Deltasteur, 200900274) 00:34.65(+65)
8. Lieke Rossel (ZC Polaris, 200603070) 00:36.54(+73)
9. Nienke Koop (Aqua 68, 200800884) 00:36.61(+59)
10. Chantal Peters (Aqua 68, 201001578) 00:36.81
11. Benthe Hilbolling (Borger, 200700362) 00:38.02(+81)
12. Sophie Feiertag (ZC Polaris, 200901144) 00:38.32(+70)
13. Esmee Reuver (ZC Polaris, 201100846) 00:39.79
14. Lisa Boogaard (Deltasteur, 201100990) 00:40.00
15. Lotte Euverman (Aqua 68, 201101228) 00:41.34(+57)
16. Julia Boer (Ksn (Sg), 201000828) 00:45.13(+67)
17. Sabrina Kluitenberg (ZPC Moby dick, 199606448) 00:47.45(+103)
18. Carlijn Aardema (Borger, 201100272) 00:49.22(+98)

5. 100m schoolslag - Heren

vanaf 11 jaar (Senioren Open)

1. David Wesseling (ZC Polaris, 200500251) 01:12.33(+62)
50m 00:33.92 33,92
2. Jovanny Timmer (Ksn (Sg), 200302369) 01:14.58(+76)
50m 00:34.73 34,73
3. Xander de Roos (Borger, 200500655) 01:15.48
50m 00:35.29 35,29

4. Levi Makkinje (ZPC Moby dick, 200900451)	01:29.37(+94)
50m 00:42.64 42,64	
6. 100m schoolslag - Dames	
vanaf 11 jaar (Senioren Open)	
1. Eline van Unen (Deltasteur, 200600520)	01:16.77(+63)
50m 00:35.30 35,30	
2. Annelie Klinkhamer (Borger, 200702606)	01:21.49(+73)
50m 00:37.88 37,88	
3. Anniek Brinkman (Borger, 200800076)	01:23.75
50m 00:39.17 39,17	
4. Luesza Siahajja (Aqua 68, 200801316)	01:24.15(+87)
50m 00:39.22 39,22	
5. Lotte Rolink (ZC Polaris, 199504880)	01:26.98(+64)
50m 00:41.26 41,26	
6. Anouk Maat (Ksn (Sg), 200405940)	01:34.39
50m 00:45.30 45,30	
7. Dagmar de Boer (Aqua 68, 201100458)	01:37.02
50m 00:45.87 45,87	
8. Noëlle Engberts (ZPC Moby dick, 201001974)	01:43.26(+85)
50m 00:47.49 47,49	
9. Lisanne Korte (Ksn (Sg), 200505352)	01:46.52
50m 00:49.55 49,55	
10. Lisa Van Wieren (ZC Polaris, 201101968)	01:51.91
50m 00:52.91 52,91	
11. Kimberley ten Heuvelhof (ZC Polaris, 201101056)	01:52.83(+91)
50m 00:53.50 53,50	
12. Alina Eggengoor (ZPC Moby dick, 201001850)	01:53.39(+86)
50m 00:53.26 53,26	
13. Maureen Bruins (ZC Polaris, 201102526)	01:57.14
50m 00:53.53 53,53	
7. 200m vrije slag - Heren	
vanaf 11 jaar (Senioren Open)	
1. Michiel De Wit (Ksn (Sg), 201101867)	03:21.54(+68)
50m 00:42.99 42,99 100m 02:20.69 97,70	
8. 200m vrije slag - Dames	
vanaf 11 jaar (Senioren Open)	
1. Imke Boontjes (Aqua 68, 200600386)	02:20.45(+68)
50m 00:31.70 31,70 100m 01:07.27 35,57 150m 01:43.85 36,58	
2. Simone Faber (Deltasteur, 200900710)	02:22.26(+69)
50m 00:33.65 33,65 100m 01:10.03 36,38 150m 01:47.17 37,14	
3. Aimée Wolbersen (Aqua 68, 200800346)	02:42.03
50m 00:35.87 35,87 100m 01:19.72 43,85 150m 02:03.23 43,51	
4. Melanie Zondag (ZPC Moby dick, 199804476)	02:43.71(+81)
50m 00:35.39 35,39 100m 01:16.23 40,84 150m 01:59.91 43,68	
5. Esther Pomper (Ksn (Sg), 201000432)	02:51.94(+63)
50m 00:38.57 38,57 100m 01:22.52 43,95 150m 02:08.29 45,77	
6. Julia Boer (Ksn (Sg), 201000828)	02:58.82(+77)
50m 00:39.78 39,78 100m 01:25.66 45,88 150m 02:13.77 48,11	
9. 50m schoolslag - Heren	

<i>vanaf 11 jaar (Senioren Open)</i>		
1. Kai-Le Lotterman (ZPC Moby dick, 200700619)		00:39.97(+68)
2. Niek Endeman (Deltasteur, 200902567)		00:40.85(+61)
3. Milan Bottenberg (Deltasteur, 200900153)		00:44.76
4. Emanuel van der Putten (De Plons, 200304747)		00:45.96(+69)
5. Timo Bottenberg (Deltasteur, 200900151)		00:53.20
10. 50m schoolslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Eline van Unen (Deltasteur, 200600520)		00:35.19(+62)
2. Annelie Klinkhamer (Borger, 200702606)		00:36.91(+76)
3. Annemijn Kragt (Deltasteur, 200802710)		00:38.73(+82)
4. Manoah Dekker (Deltasteur, 201100656)		00:39.47(+71)
5. Luesza Siahajja (Aqua 68, 200801316)		00:39.49
6. Lieke Rossel (ZC Polaris, 200603070)		00:40.48(+74)
7. Megan Wegkamp (ZPC Moby dick, 201100938)		00:44.50
8. Benthe Hilbolling (Borger, 200700362)		00:44.94
9. Lotte Euverman (Aqua 68, 201101228)		00:47.15(+74)
10. Lisa Klíngenberg (ZPC Moby dick, 200904202)		00:49.36(+75)
11. Eva de Jonge (Ksn (Sg), 201102120)		00:50.27(+88)
12. Kirsten Foekens (Ksn (Sg), 201102950)		00:52.30
13. Alina Eggengoor (ZPC Moby dick, 201001850)		00:52.65(+75)
14. Iris Kluitenberg (ZPC Moby dick, 201002486)		01:00.22
11. 100m rugslag - Heren		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Colin Beuker (ZC Polaris, 200802023)		01:07.04
50m 00:32.35 32,35		
2. Xander de Roos (Borger, 200500655)		01:08.54
50m 00:33.08 33,08		
3. Jovanny Timmer (Ksn (Sg), 200302369)		01:09.40
50m 00:33.53 33,53		
4. Owen Horsting (Ksn (Sg), 200403819)		01:15.47
50m 00:36.46 36,46		
5. Twan Wielage (Ksn (Sg), 200902671)		01:16.53
50m 00:36.53 36,53		
12. 100m rugslag - Dames		
<i>vanaf 11 jaar (Senioren Open)</i>		
1. Lotte Lübbbers (Ksn (Sg), 200900190)		01:10.58
50m 00:34.29 34,29		
2. Anne van der Kamp (Deltasteur, 200900274)		01:15.55
50m 00:36.98 36,98		
3. Marit Weever (Deltasteur, 201000150)		01:19.83
50m 00:39.30 39,30		
4. Nienke Koop (Aqua 68, 200800884)		01:21.20
50m 00:39.76 39,76		
5. Isabel Amelink (Deltasteur, 201100196)		01:22.13

	50m 00:39.83 39,83			
6.	Julia Boer (Ksn (Sg), 201000828)			01:31.79
	50m 00:43.77 43,77			
	DIS. Anouk Maat (Ksn (Sg), 200405940)			00:00.00
13.	200m schoolslag - Heren			
	<i>vanaf 11 jaar (Senioren Open)</i>			
1.	David Wesseling (ZC Polaris, 200500251)			02:40.88(+63)
	50m 00:36.29 36,29	100m 01:18.04 41,75	150m 02:00.29 42,25	
2.	Michiel De Wit (Ksn (Sg), 201101867)			03:39.72
	50m 00:47.11 47,11	100m 01:44.46 57,35	150m 02:42.31 57,85	
14.	200m schoolslag - Dames			
	<i>vanaf 11 jaar (Senioren Open)</i>			
1.	Esmee Reuver (ZC Polaris, 201100846)			03:21.32(+64)
	50m 00:46.13 46,13	100m 01:37.68 51,55	150m 02:30.13 52,45	
2.	Femke Griemink (Ksn (Sg), 200802376)			03:21.50
	50m 00:44.35 44,35	100m 01:35.05 50,70	150m 02:28.44 53,39	
3.	Dagmar de Boer (Aqua 68, 201100458)			03:26.10
	50m 00:46.54 46,54	100m 01:39.35 52,81	150m 02:33.51 54,16	
4.	Melanie Zondag (ZPC Moby dick, 199804476)			03:29.02(+74)
	50m 00:45.36 45,36	100m 01:38.18 52,82	150m 02:33.98 55,80	
5.	Carlijn Aardema (Borger, 201100272)			03:47.55(+73)
	50m 00:52.38 52,38	100m 01:50.63 58,25	150m 02:49.49 58,86	
6.	Lisanne Korte (Ksn (Sg), 200505352)			03:48.31(+93)
	50m 00:51.21 51,21	100m 01:50.14 58,93	150m 02:50.06 59,92	
15.	50m rugslag - Heren			
	<i>vanaf 11 jaar (Senioren Open)</i>			
1.	Joachim Wolbersen (Aqua 68, 200600771)			00:31.15
2.	Mathijs de Wit (Ksn (Sg), 201001215)			00:33.98
3.	Lars Vos (Ksn (Sg), 200501327)			00:33.99
4.	Niek Endeman (Deltasteur, 200902567)			00:36.73
5.	Teun de Bruin (De Plons, 201001701)			00:41.95
6.	Kai-Le Lotterman (ZPC Moby dick, 200700619)			00:42.13
16.	50m rugslag - Dames			
	<i>vanaf 11 jaar (Senioren Open)</i>			
1.	Joline Koop (Aqua 68, 200403174)			00:31.63
2.	Annemijn Kragt (Deltasteur, 200802710)			00:34.25
3.	Lieke Brinkman (Borger, 200800072)			00:34.42
4.	Robin Meide van der (ZC Polaris, 200601778)			00:34.81
5.	Hanna Sampimon (Ksn (Sg), 200901824)			00:35.39
6.	Mirna Wolters (De Plons, 199802046)			00:40.70
7.	Megan Wegkamp (ZPC Moby dick, 201100938)			00:43.30
8.	Lisa Klingenberg (ZPC Moby dick, 200904202)			00:44.97
9.	Noëlle Engberts (ZPC Moby dick, 201001974)			00:47.80
	DIS. Eva de Jonge (Ksn (Sg), 201102120)			00:00.00
	DIS. Kirsten Foekens (Ksn (Sg), 201102950)			00:00.00

17. 100m wisselslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Owen Horsting (Ksn (Sg), 200403819)				01:17.88
	50m	00:34.80	34,80	
2. Dex Kerpels (ZPC Moby dick, 201100087)				01:41.15(+68)
	50m	00:47.66	47,66	
18. 100m wisselslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Imke Boontjes (Aqua 68, 200600386)				01:14.25(+67)
	50m	00:35.26	35,26	
2. Luesza Siahajja (Aqua 68, 200801316)				01:17.23
	50m	00:36.35	36,35	
3. Anniek Brinkman (Borger, 200800076)				01:17.37(+83)
	50m	00:35.10	35,10	
4. Lieke Rossel (ZC Polaris, 200603070)				01:19.35(+77)
	50m	00:37.59	37,59	
5. Marit Weever (Deltasteur, 201000150)				01:20.76(+54)
	50m	00:39.03	39,03	
6. Chantal Peters (Aqua 68, 201001578)				01:23.01(+83)
	50m	00:38.60	38,60	
7. Anouk Maat (Ksn (Sg), 200405940)				01:25.87(+78)
	50m	00:41.55	41,55	
8. Manoah Dekker (Deltasteur, 201100656)				01:29.14
	50m	00:41.36	41,36	
9. Lotte Euverman (Aqua 68, 201101228)				01:33.27(+63)
	50m	00:44.50	44,50	
10. Chantal Wind-Hemme (De Plons, 199501292)				01:40.16(+83)
	50m	00:47.97	47,97	
11. Sabrina Kluitenberg (ZPC Moby dick, 199606448)				01:44.90(+88)
	50m	00:46.27	46,27	
19. 200m wisselslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Jovanny Timmer (Ksn (Sg), 200302369)				02:31.81(+70)
	50m	00:32.04	32,04	
	100m	01:10.51	38,47	
	150m	01:54.84	44,33	
2. Rick Smit (Aqua 68, 200602435)				02:33.63(+76)
	50m	00:32.81	32,81	
	100m	01:14.61	41,80	
	150m	01:57.58	42,97	
3. Colin Beuker (ZC Polaris, 200802023)				02:37.85
	50m	00:33.75	33,75	
	100m	01:13.66	39,91	
	150m	02:02.12	48,46	
4. Milan Bottenberg (Deltasteur, 200900153)				02:59.11(+72)
	50m	00:42.40	42,40	
	100m	01:25.93	43,53	
	150m	02:18.96	53,03	
5. Timo Bottenberg (Deltasteur, 200900151)				03:21.93
	50m	00:46.05	46,05	
	100m	01:34.56	48,51	
	150m	02:38.34	63,78	
DIS. Cheng van Vondel (Ksn (Sg), 200902673) [SM9]				00:00.00
DIS. Sven Casper Hageman (Deltasteur, 201000009)				00:00.00(+62)
20. 200m wisselslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Robin Meide van der (ZC Polaris, 200601778)				02:44.32(+65)
	50m	00:34.13	34,13	
	100m	01:15.78	41,65	
	150m	02:05.23	49,45	
2. Larissa Redjosentono (ZC Polaris, 200403210)				03:00.71(+82)
	50m	00:40.24	40,24	
	100m	01:25.08	44,84	
	150m	02:18.37	53,29	

3. Esther Pomper (Ksn (Sg), 201000432)	03:14.37(+73)
50m 00:45.92 45,92 100m 01:37.17 51,25 150m 02:31.58 54,41	
4. Ilse Arling (ZC Polaris, 201002306)	03:27.27
50m 00:50.04 50,04 100m 01:41.16 51,12 150m 02:39.99 58,83	
21. 100m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. David Wesseling (ZC Polaris, 200500251)	00:59.74(+59)
50m 00:28.27 28,27	
2. Twan Wielage (Ksn (Sg), 200902671)	01:04.55
50m 00:30.09 30,09	
3. Owen Horsting (Ksn (Sg), 200403819)	01:06.69(+75)
50m 00:32.43 32,43	
4. Niek Endeman (Deltasteur, 200902567)	01:09.86(+76)
50m 00:33.63 33,63	
5. Emanuel van der Putten (De Plons, 200304747)	01:17.73(+68)
50m 00:36.18 36,18	
6. Michiel De Wit (Ksn (Sg), 201101867)	01:29.16(+76)
50m 00:39.62 39,62	
22. 100m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Xoë Stuu (Aqua 68, 200400754)	01:03.28(+65)
50m 00:29.89 29,89	
2. Simone Faber (Deltasteur, 200900710)	01:07.63(+86)
50m 00:32.35 32,35	
3. Lieke Rossel (ZC Polaris, 200603070)	01:07.65
50m 00:32.88 32,88	
4. Isabel Amelink (Deltasteur, 201100196)	01:10.55(+72)
50m 00:33.87 33,87	
5. Norell Kroeze (ZC Polaris, 201100378)	01:10.79(+90)
50m 00:34.18 34,18	
6. Hanna Sampimon (Ksn (Sg), 200901824)	01:10.96(+65)
50m 00:33.83 33,83	
7. Anouk Maat (Ksn (Sg), 200405940)	01:17.93(+78)
50m 00:38.55 38,55	
8. Carlijn Aardema (Borger, 201100272)	01:23.45
50m 00:38.55 38,55	
9. Lisa Van Wieren (ZC Polaris, 201101968)	01:31.40
50m 00:42.73 42,73	
10. Kimberley ten Heuvelhof (ZC Polaris, 201101056)	01:35.62
50m 00:45.28 45,28	
11. Maureen Bruins (ZC Polaris, 201102526)	01:37.09
50m 00:45.84 45,84	
23. 50m vrije slag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Xander de Roos (Borger, 200500655)	00:26.95(+61)
2. Mathijs de Wit (Ksn (Sg), 201001215)	00:28.34(+81)
3. Kai-Le Lotterman (ZPC Moby dick, 200700619)	00:31.05(+71)
4. Levi Makkinje (ZPC Moby dick, 200900451)	00:31.52(+85)

5. Teun de Bruin (De Plons, 201001701)	00:32.66
6. Kyran Kroeze (ZC Polaris, 200901707)	00:33.15(+87)
7. Emanuel van der Putten (De Plons, 200304747)	00:38.01(+64)
8. Timo Bottenberg (Deltasteur, 200900151)	00:39.06
9. Dex Kerpels (ZPC Moby dick, 201100087)	00:39.36(+70)
10. Cheng van Vondel (Ksn (Sg), 200902673) [S9]	00:46.01(+92)
24. 50m vrije slag - Dames	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Lotte Lübbers (Ksn (Sg), 200900190)	00:28.65(+67)
2. Joline Koop (Aqua 68, 200403174)	00:29.28(+68)
3. Imke Boontjes (Aqua 68, 200600386)	00:29.74(+66)
4. Annemijn Kragt (Deltasteur, 200802710)	00:29.79
5. Lotte Rolink (ZC Polaris, 199504880)	00:30.24(+75)
6. Lieke Brinkman (Borger, 200800072)	00:30.29(+79)
7. Robin Meide van der (ZC Polaris, 200601778)	00:30.36(+67)
8. Luesza Siahajja (Aqua 68, 200801316)	00:30.63(+87)
9. Sanne Doornbos (ZC Polaris, 200702838)	00:30.73
10. Chantal Peters (Aqua 68, 201001578)	00:31.38(+88)
11. Aimée Wolbersen (Aqua 68, 200800346)	00:31.87(+66)
12. Sophie Feiertag (ZC Polaris, 200901144)	00:32.34(+71)
13. Femke Griemink (Ksn (Sg), 200802376)	00:32.72
14. Annelie Klinkhamer (Borger, 200702606)	00:32.88
15. Nienke Koop (Aqua 68, 200800884)	00:33.38(+58)
16. Lotte Euverman (Aqua 68, 201101228)	00:33.65(+74)
17. Benthe Hilbolling (Borger, 200700362)	00:34.18(+88)
18. Esmee Reuver (ZC Polaris, 201100846)	00:35.32(+72)
19. Manoah Dekker (Deltasteur, 201100656)	00:35.38
20. Sabrina Kluitenberg (ZPC Moby dick, 199606448)	00:36.68(+96)
21. Lisa Klingenberg (ZPC Moby dick, 200904202)	00:36.74(+86)
22. Megan Wegkamp (ZPC Moby dick, 201100938)	00:36.88
23. Noëlle Engberts (ZPC Moby dick, 201001974)	00:39.28
24. Lisanne Korte (Ksn (Sg), 200505352)	00:39.55(+89)
25. Alina Eggengoor (ZPC Moby dick, 201001850)	00:41.45
26. Eva de Jonge (Ksn (Sg), 201102120)	00:42.62
27. Kirsten Foekens (Ksn (Sg), 201102950)	00:42.87(+88)
28. Iris Kluitenberg (ZPC Moby dick, 201002486)	00:54.70
25. 100m vlinderslag - Heren	
<i>vanaf 11 jaar (Senioren Open)</i>	
1. Twan Wielage (Ksn (Sg), 200902671)	01:19.36(+55)
50m 00:35.60 35,60	

2. Milan Bottenberg (Deltasteur, 200900153)				01:37.22(+77)
	50m	00:43.63	43,63	
26. 100m vlinderslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Anniek Brinkman (Borger, 200800076)				01:24.96(+68)
	50m	00:35.71	35,71	
2. Marit Weever (Deltasteur, 201000150)				01:32.48(+62)
	50m	00:43.27	43,27	
3. Dagmar de Boer (Aqua 68, 201100458)				01:33.04(+67)
	50m	00:42.88	42,88	
4. Esther Pomper (Ksn (Sg), 201000432)				01:45.90
	50m	00:47.86	47,86	
27. 200m rugslag - Heren				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Joachim Wolbersen (Aqua 68, 200600771)				02:33.41
	50m	00:35.13	35,13	
	100m	01:14.82	39,69	
	150m	01:56.15	41,33	
2. Lars Vos (Ksn (Sg), 200501327)				02:36.29
	50m	00:38.29	38,29	
	100m	01:18.48	40,19	
	150m	01:57.97	39,49	
28. 200m rugslag - Dames				
<i>vanaf 11 jaar (Senioren Open)</i>				
1. Anne van der Kamp (Deltasteur, 200900274)				02:43.89
	50m	00:40.84	40,84	
	100m	01:23.02	42,18	
	150m	02:04.21	41,19	
2. Mirna Wolters (De Plons, 199802046)				03:08.54
	50m	00:43.83	43,83	
	100m	01:30.87	47,04	
	150m	02:18.86	47,99	
3. Melanie Zondag (ZPC Moby dick, 199804476)				03:09.58
	50m	00:43.08	43,08	
	100m	01:30.82	47,74	
	150m	02:20.69	49,87	
4. Chantal Wind-Hemme (De Plons, 199501292)				03:41.45
	50m	00:50.80	50,80	
	100m	01:47.59	56,79	
	150m	02:45.52	57,93	
DIS: Lisa Boogaard (Deltasteur, 201100990)				00:00.00